

PERMISSION FORM LETTER: GIRLS BASKETBALL 2019-20

TEAM: All girls are automatically eligible for the girl's basketball team unless they are ineligible based on the Athletic Code signed by the student and parent at the beginning of the year.

COACHES: See back for a list of coaches and teams

PRACTICE TIMES: See back. **Please be prompt in picking your child up after practice. These times will not vary without prior notification from the coach.**

PRACTICES START: Week of Oct. 28. Please check your practice schedule for exact days and times.

TRYOUTS: **THERE WILL BE NO TRYOUTS THIS YEAR.** All 5th and 6th grade girls will be placed on the B Team. All 7th and 8th grade girls will be placed on the A Team. *If, after the permission slips are returned, we find that more girls go out than expected, we may still have to do tryouts, but at this time we are not planning on them. If this happens, a separate letter explaining the situation will be sent home. Tryouts would fall the week of Oct. 21-24th.*

INSTATEAM: Mr. Fenrick will email you an invitation to join InstaTeam. This app will keep you up to date on any potential changes to the schedule. Parents are **required** to join, but feel free to share this invite with other family members as well. This is your best source for information on practices, games, and tournaments. They can also be found on our school website. When the schedule is completed, a paper copy will also come home.

NEED FOR PRACTICE: Girls should have their own shorts, T-shirt, athletic socks, and basketball shoes (with good ankle support) at each practice. If a playbook is handed out, they should also bring that to each practice.

ST. PAUL'S SUPPLIES: Uniform for games, balls, and gym for practicing.

HOMEWORK/RESPECT: We expect all student athletes to complete their homework daily and show respect for their teachers and classmates. If you need extra help in any subject, talk to your parents and teacher. They will be happy to help. As for respect, a good rule to follow is: "Always Encourage, Never Discourage."

HEALTH: It is important that athletes eat proper foods and get adequate sleep each day. It is recommended that each participant be examined by their family physician (at least within the past 9 months) to detect any problems that may prevent them from participation in this sport.

CODE VIOLATIONS: The season begins Oct. 28. Any violations of the Athletic Code signed by the student athlete and parent will affect participation in basketball beginning on that date and ending with the last game of the season.

REPORT CARDS: Report cards come out in early November. Mr. Fenrick will notify any student athletes that will need to miss practices or games due to code violations.

Return to your **Mr. Fenrick** by **Thursday, Oct. 17**

Student's Name: _____

I request that my child be allowed to participate on the Girls Basketball Team this season. I will support the program in any way that I can and encourage my son to show the proper attitude and effort. I will not hold St. Paul's Lutheran School responsible for personal injury to my child during or while en route to or from practices or games.

Parent's Signature: _____ Date: _____

_____ My child is in 5th grade and will be on the B Team.

_____ My child is in 6th grade and will be on the B Team.

_____ My child is in 7th grade and will be on the A Team.

_____ My child is in 8th grade and will be on the A Team.

_____ Check here and send the \$25.00 athletic fee. Your daughter may not participate until this is paid. Checks may be made out to St. Paul's Lutheran School.

WE ARE NOT PLANNING TO HAVE ANY TRYOUTS THIS YEAR. IF THE NUMBERS ARE HIGHER THAN EXPECTED, A SEPARATE NOTE WILL BE SENT HOME REGARDING THE SITUATION. IF THAT IS THE CASE, TRYOUTS WOULD BE THE WEEK OF OCT. 21-24TH.

COACHES AND PRACTICES

TEAM	COACH(ES)	PRACTICE DAYS / TIMES
A Girls	Dan Bertagnoli, Kevin Hendrikson, Allie Pingel	Tues ~ 4:45 – 6:45 Thurs ~ 4:45 – 6:45 Fridays in November ~ 4:30-6:00 **Nov. 8, 15, 22
B Girls	Renee Moen, Bob Cooper	Mon ~ 6:00 – 7:45 Wed ~ 6:45 – 8:30

***Please be prompt when picking up your child after practice. Please use the back doors of school when picking up / dropping off your son.**

***Some coaches may want your child here earlier / later than the above posted times (for conditioning, watching game video, etc.). These coaches will notify you if the times are different than posted.**

NOTE #1: If you can drive to any away games, and can take other players with you, please let the coaches know in advance. If you can keep a scorebook / run the clock and would be willing to do that at games, please tell the coach also.

NOTE #2: We ask all A and B Girls parents to help at one or two Friday night home games. Sign up will be done online and a link will be emailed you at a later date. If you don't sign up, you will end up being assigned a spot by Mr. Fenrick. Parents are expected to perform their assigned duty or find a qualified substitute.